

**Product Information:
Osmolite® 1.5 Cal**

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Osmolite® 1.5 Cal

High-Protein, High-Calorie Nutrition



- 1 OSMOLITE 1.5 CAL is a source of Complete, Balanced Nutrition® and a low-residue formula for tube-fed patients with increased calorie and protein needs, or for those with limited volume tolerance.
- 1 For sole-source nutrition via a feeding tube.
- 1 Use under medical supervision.
- 1 High in calories (1.5 Cal/mL) and protein (62.7 g/L) to help patients gain and maintain healthy weight.
- 1 Meets or exceeds 100% of the RDI for 24 essential vitamins and minerals in 1500 Cal (1 Liter).
- 1 Fat blend contains MCT oil. Patients with malabsorption may benefit from consuming a formula that contains medium-chain triglycerides (MCTs).
- 1 Fortified with ultratrace minerals and conditionally essential nutrients—important ingredients for the tube-fed patient.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.

Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.
- 1 **Feeding sets are for single-patient use only. Use clean technique to avoid set and/or product contamination**

Ingredients

Liquid Unflavored:

Water, Corn Maltodextrin, Sodium & Calcium Caseinates, High Oleic Safflower Oil, Canola Oil, Soy Protein Isolate, Medium-Chain Triglycerides, Magnesium Chloride, Potassium Citrate, Calcium Phosphate, Sodium Citrate, Soy Lecithin, Choline Chloride, Ascorbic Acid, Taurine, L-Carnitine, Carrageenan, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Cupric Sulfate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Beta-Carotene, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Cyanocobalamin, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
57469	Osmolite 1.5 Cal / 8-fl-oz (237-mL) can / 24 ct
62699	Osmolite 1.5 Cal Ready-To-Hang / 1000-mL (1.1-QT) bottle / 8 ct

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Nutrition Information - Liquid Unflavored

	8 fl oz (237 mL)		1000 mL (1.1 QT)	
	Value	%RDI* / %DV	Value	%RDI* / %DV
Nutrient Density, Cal/mL	1.5		1.5	
Protein, % Cal	16.7		16.7	
Carbohydrate, % Cal	54.3		54.3	
Fat, % Cal	29.0		29.0	
MCT:LCT	20:80		20:80	
Cal to Meet 100% RDIs	1500		1500	
mL to Meet 100% RDIs	1000		1000	
Total Cal:g Nitrogen	150:1		150:1	
Nonprotein Cal:g Nitrogen	125:1		125:1	
Osmolality, mOsm/kg H ₂ O	525		525	
Renal Solute Load, mOsm/L	512		512	
Viscosity	Nectar-Like (Room Temperature and Chilled)		Nectar-Like (Room Temperature and Chilled)	
Minimum Tube Size for Gravity/Pump Feeding (Fr)	10/8		10/8	
Protein, g	14.9		62.7	
Fat, g	11.6		49.1	
Carbohydrate, g	48.2		203.6	
L-Carnitine, mg	36		150	
Taurine, mg	36		150	
Water, g/mL/cc	181		762	
Calories	355		1500	
Vitamin A, IU	1975 [†]	40	8320 [†]	165
Beta-Carotene, mg	0.81		2.5	
Vitamin D, IU	95	24	400	100
Vitamin E, IU	11	37	45	150
Vitamin K, mcg	19	24	80	100
Vitamin C, mg	57	95	240	400
Folic Acid, mcg	190	48	800	200
Thiamin (Vitamin B1), mg	0.71	47	3.0	200
Riboflavin (Vitamin B2), mg	0.81	48	3.4	200
Vitamin B6, mg	0.95	48	4.0	200
Vitamin B12, mcg	2.9	48	12	200
Niacin, mg	9.5	48	40	200
Choline, mg	145	Not established	600	Not established
Biotin, mcg	145	48	600	200
Pantothenic Acid, mg	4.8	48	20	200
Sodium, mg	330	Not established	1400	Not established
Sodium, mEq	14.3		60.9	

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Nutrition Information - Liquid Unflavored

	8 fl oz (237 mL)		1000 mL (1.1 QT)	
	Value	%RDI* / %DV	Value	%RDI* / %DV
Potassium, mg	425	Not established	1800	Not established
Potassium, mEq	10.9		46	
Chloride, mg	405	12	1700	50
Chloride, mEq	11.4		48.0	
Calcium, mg	240	24	1000	100
Phosphorus, mg	240	24	1000	100
Magnesium, mg	95	24	400	100
Iodine, mcg	36	24	150	100
Manganese, mg	1.2	60	5.0	250
Copper, mg	0.48	24	2.0	100
Zinc, mg	5.5	37	23	155
Iron, mg	4.3	24	18	100
Selenium, mcg	17	24	70	100
Chromium, mcg	29	24	120	100
Molybdenum, mcg	36	48	150	200

Liquid Unflavored Footnotes & References

Per 8 fl oz (237 mL)

*RDI percentages for adults and children 4 or more years of age.

†1075 IU of vitamin A supplied by 0.81 mg of beta-carotene.

Per 1000 mL (1.1 QT)

*RDI percentages for adults and children 4 or more years of age.

†3320 IU of vitamin A supplied by 2.5 mg of beta-carotene.

Preparation

Instructions for Use: Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination. NOTE: Failure to follow the **Instructions for Use** increases the potential for microbial contamination and reduces hangtime.

- 1 Pump feeding is recommended; use an 8 Fr or larger tube. If gravity feeding use a 10 Fr or larger tube.
- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Always follow directions for use provided with feeding set.

For Use with Enteral Feeding Set:

- 1 Remove the dust cover from the Abbott RTH Safety Screw Cap.
- 1 Remove the dust cover from the safety connector on the feeding set.
- 1 Insert the safety connector into the port on the Abbott RTH Safety Screw Cap, completely pierce foil.
- 1 Turn the safety connector clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using the hanging ring on the bottom of the container.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

1 **Instructions for Use: 8-fl-oz-can**

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well.
- 1 Clean top of container thoroughly before opening.
- 1 Once opened, cover, refrigerate and use within 48 hours.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Gravity feed at room temperature with a 10 Fr or larger tube; use a pump with smaller tubes.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.